

NATURE'S WAY CENTER FOR MASSAGE THERAPY



FEATURED BUSINESS CUSTOMER

Nature's Way Center for Massage Therapy

Terry and Delores Owens moved to Fairfield Glade from Clearwater, Florida in 1992 upon retiring from the ministry.

While living in Florida Delores, became very ill but several doctors could not help her. She was finally referred to an herbalist who practiced

iridology, which is the study of the iris to improve one's systemic health. Delores recovered and wanted to share what she learned with others. She apprenticed with her herbalist and in 1993 rented a small space on Peavine Road and began Nature's Way Herb Shop, which became very popular because she was the first iridologist in the area.

As time passed, Nature's Way added Massage Therapy, Reflexology, MPS Therapy, and other alternative health

options culminating in their opening of a 2,000 square foot holistic wellness center on Peavine Road in 2015.

Today they offer Massage Therapy, Reflexology, and Mobile Massage for Businesses in the area.

"Since opening our account, we have brought several challenges and Progressive Savings Bank has answered every question and addressed every issue that we have brought to them," said Terry Owens. "I wouldn't think of banking anywhere else."

EVENTS OF INTEREST

JULY 18TH, 5-7PM

10th Anniversary Celebration - Cookeville

Help us celebrate 10 years of our location on Interstate Drive with food, live music and fun!

JULY 20TH

12th Annual LRMGT

Join us for the 12th Annual Lyndon Rains Memorial Golf Tournament at Golden Eagle Golf Club in Cookeville



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YOUR PROGRESSIVE FAMILY

PROGRESSIVE EMPLOYEE ACCOMPLISHMENTS

June Longevity Awards



Congratulations to Michael Seymour (Jamestown) and Lisa Copeland (Fairfield Glade) for achieving 15 years and 10 years respectively. Good work!



PROGRESSIVE TAX & ACCOUNTING



Progressive Tax & Accounting brings Full Service Accounting Services, Tax Compliance & Business Consulting

In the fall of 2016 Progressive Financial Center announced an additional strategic partner to the Progressive family of services – a local, respected tax and accounting practice. The plan was hatched to add another option for Progressive’s “one stop shop” business model. In January of 2017 Progressive Tax & Accounting began serving clients at our 1080 Interstate Drive, Cookeville, location.

Progressive Tax & Accounting, headed by G. Sam Sandlin, CPA, is a full service accounting firm providing

accounting services, tax compliance, and business consulting. Because we are a small firm, we maintain close and open relationships with each of our clients. Our commitment is to provide the highest quality services while retaining a small-town atmosphere. Our goal is to be an in-depth tax and accounting solutions provider for small and mid-sized businesses. In collaboration with the Progressive family of companies, we want to provide customers with a single high-end relationship.

When clients come to the Progressive Financial Center they no longer have to go from one place to another.

Feel free to contact us at 931-528-5485 with any questions, we look forward to helping you!



PROGRESSIVE TAX & ACCOUNTING



BANKING



INSURANCE



INVESTMENTS



TAX & ACCOUNTING



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PROGRESSIVE IN THE COMMUNITY

PROGRESSIVE'S MOUNTAIN LAUREL 5K



Runners cross the finish line at the ML5K 2019

Wartburg: Progressive's Mountain Laurel 5K 2019

Our Wartburg location sponsors the Mountain Laurel 5K each year and 2019 was a wonderful event. Through our efforts with The Rains Foundation and the 5K, we were able to raise nearly \$7,500 for local causes.



This year's recipients:

- Morgan County American Legion
- Morgan County Cattleman's Association
- Morgan County Schools Athletic Department
- S.H.O.C. (Survivors Helping Other's Cope), helping people locally that have been diagnosed with Cancer

LET'S EAT LOCAL - COOKEVILLE

Cookeville Hosts Let's Eat Local 2019

Our Cookeville location was excited to host the 5th Annual Let's Eat Local event at our Cookeville location Thursday, June 13th. Over 20 local food and drink vendors were in attendance this year.

This event was started as part of our effort to promote and attract small businesses in the Cookeville market. It



has grown into the biggest event we host all year! Proceeds this year benefitted The Bryan Symphony Orchestra. The food was out of



BSO board president, Zach Ledbetter, accepts the donation check from Lisa Fuller of PSB

this world, Chef Chad Combs was on top of his game with his Duck Spring Rolls, and

the band Indus was rocking it! Until next year, Stay Classy Cookeville.

FOOTBALL SEASON IS AROUND THE CORNER!

Stay tuned for some new plays this season on home loan options.



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PROGRESSIVE FINANCIAL TIMES

FIND OUR NEWSLETTER:

Progressive Financial Times is published monthly and available online at:

psbgroup.com

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INFORMATION ALERT



Google Offers New Tool To Teach Kids Online Safety

Keeping our kids safe online is or should be a top priority, but there are so many ways to be scammed or even worse. Google has released a new tool to help teach children how to be good internet users and stay safe.

Their initiative is called "Be Internet Awesome" and it teaches children about being safe, what to share, and when to be careful or find help. It's a simple and easy to use game called "Interland." You can find it here:

<https://beinternetawesome.withgoogle.com>

Interland works on any device that has an Internet connection

ONLINE SAFETY TIP: PROTECT YOUR SECRETS!

Do not share your address, email, phone number, passwords, usernames or school documents with strangers.

and a web browser. That means any desktop or laptop computer, tablet, or mobile phone is ready to help you Be Internet Awesome.

All materials are free and openly available; no sign-in is required to access any part of Be Internet Awesome.

A curriculum for teachers is also available with classroom activities and other materials to help them bring it to their students.

Create a new password that is strong.

**Smart
Alert
Strong
Kind
Brave**

Be Internet Awesome.

Digital Safety and Citizenship Curriculum
Updated June 2019



The Rains Agency
INSURANCE | TITLE SERVICES

Cravens & Co.
WEALTH MANAGEMENT



G. Sam Sandlin, CPA
PROGRESSIVE TAX & ACCOUNTING