

# PROGRESSIVE FINANCIAL TIMES

#### IN THIS ISSUE.

- Featured Business Customer
- Progressive Tax & Accounting
- Event Recaps
- Online Safety for Kids
- Upcoming Events
- Employee Accomplishments

# NATURE'S WAY CENTER FOR MASSAGE THERAPY MASSAGE MASSAGE

#### FEATURED BUSINESS CUSTOMER

#### Nature's Way Center for Massage Therapy

Terry and Delores Owens moved to Fairfield Glade from Clearwater, Florida in 1992 upon retiring from the ministry.

While living in Florida Delores, became very ill but several doctors could not help her. She was finally referred to an herbalist who practiced

iridology, which is the study of the iris to improve one's systemic health. Delores recovered and wanted to share what she learned with others. She apprenticed with her herbalist and in 1993 rented a small space on Peavine Road and began Nature's Way Herb Shop, which became very popular because she was the first iridologist in the area.

As time passed, Nature's Way added Massage Therapy, Reflexology, MPS Therapy, and other alternative health options culminating in their opening of a 2,000 square foot holistic wellness center on Peavine Road in 2015.

Today they offer Massage Therapy, Reflexology, and Mobile Massage for Businesses in the area.

"Since opening our account, we haver brought several challenges and Progressive Savings Bank has answered every question and addressed every issue that we have brought to them," said Terry Owens. "I wouldn't think of banking anywhere else."

#### **EVENTS OF INTEREST**

#### JULY 18TH, 5-7PM

10th Anniversary Celebration - Cookeville

Help us celebrate 10 years of our location on Interstate Drive with food, live music and fun!

#### JULY 20TH

12th Annual LRMGT

Join us for the 12th Annual Lyndon Rains Memorial Golf Tournament at Golden Eagle Golf Club in Cookeville

PROGRESSIVE FINANCIAL TIMES: KEEPING YOU INFORMED & EDUCATED

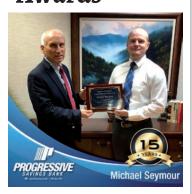
Look for articles submitted by experts in our field, a monthly profile of one of our outstanding clients sharing their success stories, insightful articles, guest posts, and more. Bringing you information you can use, when you need it, is our goal.



### YOUR PROGRESSIVE FAMILY

#### PROGRESSIVE EMPLOYEE ACCOMPLISHMENTS

#### June Longevity Awards



Congratulations to Michael Seymour (Jamestown) and Lisa Copeland (Fairfield Glade) for achieving 15 years and 10 years respectively. Good work!



# PROGRESSIVE TAX & ACCOUNTING



#### Progressive Tax & Accounting brings Full Service Accounting Services, Tax Compliance & Business Consulting

In the fall of 2016 Progressive Financial Center announced an additional strategic partner to the Progressive family of services – a local, respected tax and accounting practice. The plan was hatched to add another option for Progressive's "one stop shop" business model. In January of 2017 Progressive Tax & Accounting began serving clients at our 1080 Interstate Drive, Cookeville, location.

Progressive Tax & Accounting, headed by G. Sam Sandlin, CPA, is a full service accounting firm providing

accounting services. compliance, and business consulting. Because we are a small firm, we maintain close and open relationships with each of our clients. Our commitment is to provide the highest quality services while retaining a smalltown atmosphere. Our goal is to be an in-depth tax and accounting solutions provider for small and mid-sized businesses. In collaboration with the Progressive family of companies, we want to provide customers with a single high-end relationship.

When clients come to the Progressive Financial Center they no longer have to go from one place to another.

Feel free to contact us at 931-528-5485 with any questions, we look forward to helping you!













## PROGRESSIVE IN THE COMMUNITY

#### PROGRESSIVE'S MOUNTAIN LAUREL 5K



Wartburg: Progressive's Mountain Laurel 5K 2019

Our Wartburg location sponsors the Mountain Laurel 5K each year and 2019 was a wonderful event. Through our efforts with The Rains Foundation and the 5K, we were able to raise nearly \$7,500 for local causes.





This year's recipients:

- · Morgan County American Legion
- · Morgan County Cattleman's Association
- · Morgan County Schools **Athletic Departmant**
- · S.H.O.C. (Survivors Helping Other's Cope), helping people locally that have been diagnosed with Cancer

#### LET'S EAT LOCAL - COOKEVILLE

#### Cookeville Hosts Let's Eat Local 2019

Our Cookeville location was excited to host the 5th Annual Let's Eat Local event at our Cookeville location Thursday, June 13th. Over 20 local food and drink vendors were in attendance this year.

This event was started as part of our effort to promote and attract small businesses in the Cookeville market. It



has grown into the biggest event we host all year! Proceeds this year benefitted The Bryan Symphony Orchestra. The food was out of





BSO board president, Zach Ledbetter, accepts the donation check from Lisa Fuller of PSB

this world, Chef Chad Combs the band Indus was rocwas on top of his game with king it! Until next year, Stay his Duck Spring Rolls, and Classy Cookeville.

FOOTBALL SEASON IS AROUND THE **CORNER!** 

Stay tuned for some new plays this season on home loan options.



# PROGRESSIVE FINANCIAL TIMES

#### FIND OUR NEWSLETTER:

Progressive Financial Times is published monthly and available online at:

psbgroup.com

#### **CONTACT US**

#### Jamestown

500 N Main St Jamestown, TN 38556 Phone: 931-752-2265 Fax: 931-752-6799

#### Wartburg

705 Main St Wartburg, TN 37887 Phone: 423-346-2265 Fax: 423-346-7080

#### Crossville

807 N Main St Crossville, TN 38555 Phone: 931-459-2265 Fax: 931-459-2439

#### Cookeville

1080 Interstate Drive Cookeville, TN 38501 Phone: 931-372-2265 Fax: 931-646-3619

#### Homestead

1760 S Main St Crossville, TN 38555 Phone: 931-459-6700 Fax: 931-752-6799

#### Fairfield Glade

4929 Peavine Road Crossville, TN 38571 Phone: 931-484-7724 Fax: 931-484-8826

#### **Online:**

www.psbgroup.com www.therainsagency.com www.cravensco.com



#### Google Offers New Tool To Teach Kids Online Safety

Keeping our kids safe online is or should be a top priority, but there are so many ways to be scammed or even worse. Google has released a new tool to help teach children how to be good internet users and stay safe.

Their initiative is called "Be Internet Awesome" and it teaches children about being safe, what to share, and when to be careful or find help. It's a simple and easy to use game called "Interland" You can find it here:

https://beinternetawesome. withgoogle.com.

Interland works on any device that has an Internet connection

## ONLINE SAFETY TIP: PROTECT YOUR SECRETS!

Do not share your address, email, phone number, passwords, usernames or school documents with strangers.

and a web browser. That means any desktop or laptop computer, tablet, or mobile phone is ready to help you Be Internet Awesome.

All materials are free and openly available; no sign-in is required to access any part of Be Internet Awesome.

A curriculum for teachers is also available with classroom activities and other materials to help them bring it to their students.

Create a new password that is strong.



Be Internet Awesome.

Digital Safety and Citizenship Curriculum







